

# Advent Triduum

Come aside for a time of watching and waiting in this **4-night residential retreat** of prayer and stillness.

- Mon-Fri, **1-5 December 2025** (€480)
- Mon-Fri, **8-12 December 2025** (€480)

# New Year Retreat

Begin the year with stillness and blessing on a **3-night residential retreat** of prayer and reflection.



**Monday, 29 December 2025 -  
Thursday, 1 January 2026** (€390)

- ✓ Silence and serenity, conducive for personal prayers and reflections
- ✓ Daily inputs by Jesuits and/or trained spiritual guides
- ✓ Single bedroom with en-suite shower room
- ✓ Meals (breakfast, lunch, supper) and refreshments (tea, coffee)
- ✓ Beautiful private grounds, including Chapel, Prayer Room, Labyrinth

**Manresa Jesuit Centre of Spirituality**

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**Book Your Retreat:**

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