

A Meditation on the Synod Prayer

We stand before you, Holy Spirit, as we gather together in your name.

With you alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how to pursue it.

Standing is a very old way of praying.
When we stand for prayer it's the posture of a grateful heart.
When the early Christians gathered they stood together
with arms outstretched, giving thanks.
We stand because God is here, with us standing right beside us.

Gathering, this is what we are all about.
Where two or three are gathered in His name, there is Church.
The gathering is ecclesia.
We become the People of God by gathering.

Make your home in me as I make mine in yours.
How does it feel, to know that God has made his home in your heart?
When we are in touch with this sense of presence
we can easily know what is asked of us.
Listening deeply to understand the movement of the Spirit in our hearts,
Helps us to know what to do

It's only when we have a teachable heart
That we can really open up to the influence of the Spirit and take the
Spirit's lead.
The path, the way is to open ourselves to the influence of the Spirit,
So that the Synodal Path is truly Spirit led.

We pray that we will open our hearts and our minds
To the lead of the Spirit
Trusting in God and not in ourselves.....

We stand before you, Holy Spirit.
We stand before you.
We stand.
We.



Relying on the Spirit

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path

Nor partiality influence our actions

We thank you Holy Spirit that you are working within us and among us.
help us to realise our need of you more and more.

Where the Spirit is there is peace, unity, love and goodness.
give us the grace to turn to you.

We know that if we do not rely on you and only on ourselves
we will get distracted.

When we rely only on ourselves we are driven
and not drawn towards what is best.

Enable us to see how much we need you.

We know too that we are loved sinners,
surround us with your mercy and kindness as we walk together.

Guide us by your light,
a light that we find within ourselves and in every person.
Help us to choose the good and to walk in your way.

Give us too, the gifts of wisdom and understanding,
especially in understanding each other.

We are graced by you, may our journey be a grace,
promoting order and harmony,
teach us and make us docile, open our hearts,
influence all our thoughts, words and actions.

Come Holy Spirit fill our hearts



The Spirit unites us

Let us find in you our unity

So that we may journey together to eternal life

And not stray from the way of truth and what is right.

When we are rooted in the Spirit
we discover that we have more in common
than what divides us.

We realise that it is only with the presence of the Spirit
that we can come to a consensus – feeling together,
a meeting of hearts and minds.

It is in this unity that we know
we can walk with each other
even when we do not always agree.

The journey we make together
is not just for a short moment
but finds its deeper meaning
through the horizon of eternity.

When we are rooted in this
we are also rooted in God's way of doing things,
trusting in His way and His purpose.
This helps us and gives us our sense of direction.



In Communion

All this we ask of You who are at work in every place and time

In the communion of the Father and Son, forever and ever.

It is amazing
that you are with us
at every moment
and in every situation.

Help us to ground ourselves
in your constant presence to us.

There is never a situation or a time
when you are not with us.

As we become aware of this
we can share the love that you share with us.

It's the same love you share with God our creator,
and the love we find in Jesus, God's beloved Son.

Help us to walk in this love as we journey together.

