



## Create A Harvest Prayer Space @Home & @Church

## @ Home

Choose a place to create your prayer space, such as the centre of your kitchen table.

Suggested items to use (use some, all or alternatives)

- A small piece of cloth in the centre (or none)
- A candle
- Some seasonal fruits/vegetables (eg A pumpkin, turnip, nuts, grapes, apples, fruit, various vegetables, some green vegetables.
- For homes with younger children you could add a toy tractor, or some toy farm animals

At meal times invite anyone at the table to say one of Grace before meals, traditional, or one of the alternative ones.

## @Church

If your Church has an established prayer space – with a 'kitchen table' near the sanctuary or somewhere else in the Church you can enhance the items above with other symbols of harvest. (This space may also be located somewhere else in the Church)

## **Additional Items**

- A bowl of grains
- A sheaf of wheat
- Larger amounts of vegetable and fruits
- A copy of Laudato Si
- Print off credit card size words for Grace before meals
- A fishing rod (optional)
- A shopping bag (optional)
- Flowers